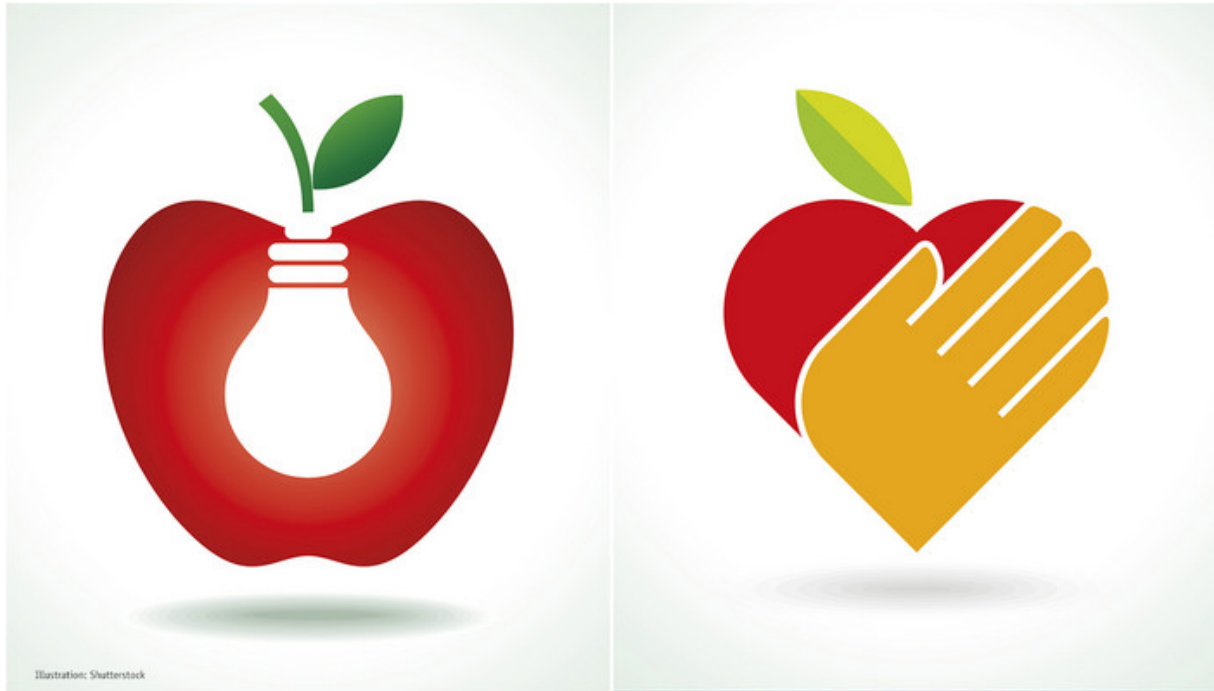


UP Management

**wishes all customers and friends of the company
a healthy and successful year 2020.**



An important topic, which we are devoting ourselves to this year is an efficient health management, because the basis of every successful company is a motivated, skilled and healthy workforce.

The occupational health management system (BGM) includes the “systematic and sustainable endeavor to establish structures and processes in a health-promoting manner and to empower employees in a health-promoting way. The aim is to create health-friendly framework conditions at the workplaces and to encourage employees to behave in a health-friendly manner.

Comprehensive company health management integrates among other things the following elements:

- Occupational health and safety: avoidance of accidents at work and occupational diseases
- Professional integration management (BEM): overcoming incapacity to work and avoiding absenteeism. (Re-) integration of chronically ill employees.
- HR management (HR strategy, HR development, organizational development)
- Company health promotion (BGF): measures to promote employee health (behavior and relationship prevention)

Company health management is often equated with company health promotion. In truth, however, there are big differences behind both terms. Workplace health promotion is an essential part of BGM, however, the BGM approach goes far beyond individual health-promoting measures such as healthy nutrition, back training, management training, etc. In a modern BGM approach, sustainable processes and structures for the promotion of health in the company are developed with the help of management instruments.

Interested in our support?

Give us a call! We would be happy to advise you!